

**St. Landry Parish School Board  
Elementary/Jr. High /High School /Breakfast/Lunch Menu  
February 14-18, 2022**

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<b>MONDAY 14</b>	<b>TUESDAY 15</b>	<b>WEDNESDAY 16</b>	<b>THURSDAY 17</b>	<b>FRIDAY 18</b>
Poptart Breakfast Break 2oz Fruit Choice 1/2c Milk Choice 8oz	Breakfast Burrito 2oz Fruit Choice 1/2c Fruit Juice 1/2c Milk Choice 8oz	Breakfast on the Go Choice 2oz Fruit Choice 1/2c Milk Choice 8oz	Scrambled Eggs 1 oz. Buttered Toast 1 oz. Fruit Juice ½ c Fruit choice ½ c Milk Choice 8 oz.	Biscuit 2 oz. Sausage patty 1 oz. Fruit Juice ½ c Fruit choice ½ c Milk Choice 8 oz.
Sausage Creole 2oz Rice 1/2c Baked Beans 1/2c Tossed Salad w Dressing 1c Spiced Apples 1/2c Fresh Fruit Choice 1/2c HS Wholegrain Roll 2oz Milk Choice 8oz	Chicken Nugget 5ea Chicken Tenders 3ea (HS) Macaroni N Cheese 1/2c Steamed Broccoli 1/2c Tossed Salad w Dressing 1c Can Fruit Choice 1/2c HS Orange Wedge 1/2c Wholegrain Roll 2 oz Milk Choice 8oz	BBQ Chicken 2 oz. Seasoned Rice ½ c Seasoned Greens ½ c Steamed Carrots ½ c Fresh Fruit Choice ½ c. Can Fruit Choice 1/2c HS Wholegrain Roll 2 oz Milk Choice 8oz	Hamburger on Bun 2 oz. Sweet Potato Fries ½ c Sandwich Salad 1 c Fruit Choice – ½ c Fresh Fruit Choice ½ c HS Condiments Milk Choice 8 oz.	Pepperoni Pizza 2oz French Fries 1/2c Green Beans 1/2c Fresh apple 1/2c Can Fruit Choice 1/2c HS Condiments Milk Choice 8oz

HS - 2<sup>nd</sup> Fruit choice for High School Only

This institution is an equal opportunity provider.