

**St. Landry Parish School Board
Elementary/Jr. High /High School /Breakfast/Lunch Menu
January 31 – February 4, 2022**

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MONDAY31	TUESDAY 1	Wednesday 2	Thursday 3	FRIDAY 4
Chocolate Chip Muffin 2 oz. Fruit Choice 1/2c Fruit Juice 4oz Milk Choice 8oz	1454 Gourmet Waffle 2oz Fruit Choice 1/2c Fruit Juice 4oz Milk Choice 8oz	Pancake Pup 2oz Fruit Choice 1/2c Fruit Juice 4oz Milk Choice 8oz	Whole Grain Breakfast Bun 2oz Fruit Choice 1/2c Fruit Juice 4oz Milk Choice 8oz	French Toast 2oz Syrup 1ea Fruit Choice 1/2c Fruit Juice 4oz Milk Choice 8oz
Corndog 2oz Sweet Potato Fries 1/2c Baked Beans 1/2c Sliced Peaches 1/2c Fresh Fruit Choice 1/2c HS Milk Choice 8oz	Chicken & Sausage Gumbo 2oz Rice 1/2c Potato Salad ½ c Tossed salad w/ tomato 1 c Mixed Fruit 1/2c Fresh Fruit Choice 1/2c HS Wholegrain Roll 2oz Milk Choice 8oz	Chicken Nuggets 5ea Chicken Strip 3ea(HS) Mashed Potato 1/2c Green Beans 1/2c Fresh Apples 1/2c Can Fruit Choice 1/2c HS Wholegrain Roll 2oz Milk Choice 8oz	Meatball Stew 2oz Rice 1/2c Steamed Corn 1/2c Yams 1/2c Can Fruit Choice 1/2c HS Fresh Fruit Orange 1/2c Wholegrain Roll 2oz Milk Choice 8oz	Nacho w Chili & Cheese French Fries 1/2c Carrots & Celery Stick 1/2c Ranch Dressing 1ea Fresh Pear Halve 1/2c Can Fruit Choice 1/2c HS Condiments Milk Choice 8oz

HS - 2nd Fruit choice for High School Only