

PARENT WELCOME PACKET 2023-2024



BIENVENUE

Dear Parents & Guardians:

We thank you for choosing École Saint-Landry for your child's educational journey.

We are honored to offer your student a world-class French immersion education in St. Landry Parish.

This welcome packet reviews key dates, transportation information, uniform regulations, and more. Please know that this document is **NOT** our student handbook, which is much longer and includes much of this information as well as policies on grading, discipline, promotion/retention, field trips, bus safety, etc. That document will be distributed the first week of school.

If you have any questions after reviewing the information in this packet, do not hesitate to reach out by calling 337-510-3022 or emailing us at info@ecolestlandry.org.

We look forward to welcoming your family to the 2023-2024 school year at École Saint-Landry!

Sincerely, Lindsay Smythe Directrice/Principal

TABLE OF CONTENTS

SCHOOL HOURS	. PAGE 1
TRANSPORTATION	.PAGE 2
DROP-OFF AND PICK-UP	PAGE 3-4
OPEN HOUSE (PORTES OUVERTES)	. PAGE 5
SCHOOL CALENDAR	. PAGE 6
EVENTS CALENDAR	. PAGE 7
UNIFORM POLICY	
SCHOOL SUPPLIES	
LION CARE (MORNING & AFTER CARE)	
SCHOOL PAYMENT POLICY	
SCHOOL MEALS	
ATTENDANCE POLICY	
GRADES & REPORT CARDS	
YOUR COMMITMENT	
COMMUNICATION	
PTO & VOLUNTEER OPPORTUNITIES	
GETTING YOUR CHILD READY	
USEFUL FRENCH PHRASES	
ACKNOWLEDGEMENT AND COMPACT	. PAGE 22-23

CAMPUS & SCHOOL HOURS

ADDRESS

671 Napoleon Ave. Sunset, LA 70584

- Paid Before Care between 7:00 AM and 8:00 AM
- Parent drop-off between 8:00 AM and 8:25 AM
- Breakfast served from 8:00 AM to 8:30 AM
- Classes begin 8:30 AM
- Parent pick-up between 3:45 PM and 4:05 PM
- Paid After Care between 3:45 PM and 5:30 PM

Early Checkout

The last 30 minutes of the school day are crucial as teachers bring closure to the day's lessons and review home learning expectations. Students may not be checked out during the last 30 minutes of school except in cases of documented emergency or scheduled appointments that have been shared with school administration at least one day in advance.

TRANSPORTATION

BUS TRANSPORATION

Our bus transportation and scheduling is provided by St. Landry Parish Schools.

Buses are free and available to all families who reside in St. Landry Parish and live more than a mile from École Saint-Landry. The buses do not pick up and drop off students at their homes, but from and to satellite stops as organized by the transportation department at St. Landry Parish Schools.

The satellite locations have not yet been shared with us. Once they are shared with us, you will find more information at www.ecolestlandry.org/transportation.

You indicated your desire for bus transportation when you enrolled your student online. If you need to make any changes during the school year, please send us an email to info@ecolestlandry.org or call us.

If for any reason your regular transport changes on any given day, please make sure you call and speak to someone. Do not send an email, do not send a Klassly, do not leave a voicemail.

DROP OFF & PICK UP

General Times

Our morning bus room opens at 8:00 AM. Any student dropped off at school earlier will be admitted to our Lion Care program, and parents will be responsible for the \$5 fee.

We will begin after school pick-up at approximately 3:45 PM. For safety reasons, please do not line up earlier than 3:25 PM. If a child is still here after 4:05 PM, he/she will be admitted into Lion Care, and parents will be responsible for the \$10 fee.



Car Rider Drop Off

We do not yet have a school circle to pull through, so please pay close attention to these procedures.

- Approach the school from the south side, facing north. Do not arrive before 7:45am for morning drop off or 3:30pm for afternoon drop off.
- Pull onto the shoulder of the road (facing north) and well over the white line to avoid blocking traffic. You will NOT be allowed to drop off your children on the opposite side of the road.
- Put your car in PARK and then allow your child to get out. Do not move from that parked position until you are directed to do so by our staff.
- Allow your child to get out of the RIGHT side ONLY of the car. You are not allowed to exit your vehicle. Practice unbuckling and buckling seatbelts at home before school starts.
- Remind your child to NEVER go back to the car if he or she has forgotten or dropped something. Often, drivers are unable to see children who run back toward cars.

Car Rider Pick Up

We will provide each family with pick-up passes at our Portes Ouvertes. If you need more passes, you can print them at home or ask for more copies.

A staff member will be outside to communicate with your child(ren)'s dismissal room. Your child will walk out the school and come to your awaiting vehicle.



- Place parent pick-up pass provided to you on your rearview mirror with the printed side facing out. For security purposes, it is essential that all cars use our official parent pick-up pass. Do not allow people who are not permitted to pick up your child to use or copy the pass.
- Approach the school from the south side, facing north.
- Line up single file (facing north) along the shoulder of Hwy 182 just before the school's driveway. Please be sure to pull over and cross the white line of the highway to not block traffic. The driveway will be blocked. Please do not attempt to enter the driveway. Please do not block any driveways.
- A staff member will direct you to pull forward.
 When it is your turn, put your car in PARK. We
 will then allow your child to enter the RIGHT
 side of your vehicle. If your child needs help
 buckling up, a staff member will be there to
 assist. Please do not exit your vehicle.

NOTE: If you need to change the daily transportation arrangement at any time, do not email us, do not send a note, do not send a message on Klassly. Call the school and make sure you speak to someone. Do not leave a voicemail.

DROP OFF & PICK UP



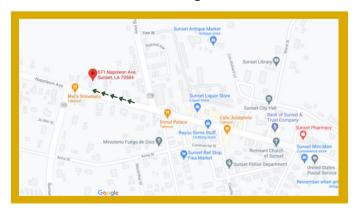
With proper flow, three to six vehicles will be processed along the side of Napoleon Avenue at the same time. Once those vehicles leave, the next round will be parked to continue student dismissal.

If you do not have a parent pick-up pass, you will be asked to park, enter the office, and show your ID. We'll then call the contact numbers we have in our system for your child. If you or any of your emergency contacts change phone numbers, please let us know so we can keep our system updated.

If you plan on someone else picking up your child, please notify the school in advance by calling 510-3022. If the person is not on your pick-up list, he/she will have to park and come into the office and show ID, as well as a written note or text message from a phone number matching that of the child's primary parent/guardian, and we will call you to confirm. There can not be too many measures in place to protect the safety of our children.

Safety Rules:

- By LAW, the use of cell phones is prohibited inside a school zone and while operating a motor vehicle.
- By LAW, you are not allowed to block driveways.
- Always approach the school facing north, with the building to your right. If you drive in from the north, you will have to turn around in town so you can drop off your child on the correct side of the road.
- Do not park in either lane of traffic. If you need to park, you should wait your turn and explain that to an employee on duty. Please be aware that due to our unique circumstances for parent pick-up/drop-off, you may not be able to easily leave our parking lot once allowed in.
- · Listen to school personnel for directions.
- Always be on the lookout for others.
- If you are dropping your child off at Lion Care, or any other time there are no adults standing in the driveway receiving students, do not let your child out of the car. You need to park and bring your child into the school yourself.
- Anyone dropping a child off on the side of the road or parking lot, will be reported to Child Welfare for child endangerment.



NOTE: If you need to change the daily transportation arrangement at any time, do not email us, do not send a note, do not send a message on Klassly. Call the school and make sure you speak to someone. Do not leave a voicemail.

OPEN HOUSE/PARENT NIGHTS

We will have three Journées Portes Ouvertes just before the first day of school:

Monday, August 7th, from 1:00 p.m. to 5:00 p.m. for Kindergarten Tuesday, August 8th, from 1:00 p.m. to 5:00 p.m. for 1st grade Wednesday, August 9th, from 1:00 p.m. to 5:00 p.m. for 2nd & 3rd grades

Portes Ouvertes is an opportunity for you to meet your child's teachers and see their classroom, conference with staff, drop off school supplies (in a large shopping bag labeled with your child's name), learn more about our school community and opportunities to volunteer, chat with other families and have fun!

We will additionally have parent nights various topics, plus there will be parentteacher conferences after report cards go out. Those dates will be announced in the first month of school, plus they will be added to the school calendar/website.



ACADEMIC CALENDAR



Inspired by our past. Empowered by our identity. Prepared for our future.

Calendrier d'événéments de l'année scolaire 2023-2024

Août 2023

Event dates and times are subject to change.

Bienvenu!Welcome!	Bonne année!
-------------------	--------------

lundi. 8/7/2023 Portes ouvertes Kindergarten The month of January is School Board Members Appreciation Month! mardi, 8/8/2023 Portes ouvertes 1st Grade jeudi, 1/4/2024 Registration opens for new K & 1st students lundi, 1/8/2024 mercredi, 8/9/2023 Portes ouvertes 2nd & 3rd Grade Teachers return, no students jeudi, 8/10/2023 First Day of School mardi 1/9/2024 Students return after Christmas Break vendredi, 8/25/2023 World's Finest Chocolate Fundraiser mercredi, 1/10/2024 Fire Drill

mardi, 8/29/2023 School Improvement Plan Meeting lundi, 1/15/2024 Dr. Martin Luther King Day, no school mercredi, 8/30/2023 PBIS Store mercredi, 1/24/2024 PBIS Store

vendredi, 1/26/2024 Lockdown Drill School Improvement Plan Meeting with Family

mardi, 1/30/2024

lundi, 4/8/2024

lundi, 5/20/2024

mardi. 5/21/2024

lundi, 5/27/2024

mercredi, 5/22/2024

Septembre 2023

Lire pour le plaisir--Reading for fun

lundi. 9/4/2023 Labor Day, no school

jeudi, 9/7/2023 Fire Drill

mardi, 9/12/2023 Family Literacy Night mercredi, 9/13/2023 Early Dismissal mardi, 9/19/2023 Lockdown Drill mercredi, 9/20/2023 **PBIS Store**

School Improvement Plan Meeting with Family mardi, 9/26/2023

Engagement Team

Octobre 2023

On dis "Non!" à l'harcellement scholaire--We say "No!" to bullying

lundi, 10/2/2023 Boo Bags go on sale

mercredi, 10/4/2023 Coffee & donuts with Madame Lindsay

lundi-mercredi, 10/9-11/2023 Fall Break, Teachers return for PD on 10/11 jeudi, 10/12/2023 Students return to school

lundi, 10/16/2023 End of 1st 9 Weeks mercredi, 10/18/2023 **PBIS Store** mardi, 10/17/2023 Fire Drill

mercredi-jeudi, 10/18-19/2023 Parent-Teacher Conferences (Appt. only) mardi, 10/24/2023 School Improvement Plan Meeting

lundi, 10/30/2023 Trunk-or-Treat

Novembre 2023

Gratitude

mercredi, 11/1/2023 PBIS Store

jeudi, 11/2/2023 Kindergarten Field Trip mercredi, 11/8/2023 Le petit-déjeuner des papas (Dad's Breakfast)

mardi, 11/14/2023 Fire Drill

mercredi, 11/15/2023 PBIS Store

jeudi, 11/16/2023 Parenting Workshop with Stacey Lopez lundi-vendredi, 11/20-24/2023 Thanksgiving Break

lundi, 11/27/2023 Lockdown Drill

mardi, 11/28/2023 School Improvement Plan Meeting

Decembre 2023

L'hiver arrive--Winter is coming

mardi, 12/5/2023 1st Grade Field Trip **PBIS Store** mercredi, 12/6/2023 mercredi 12/13/2023 Fire Drill mardi, 12/19/2023 School Improvement Plan Meeting

mercredi, 12/20/2023 PBIS Store

Christmas Concert/Early Dismissal/End of 2nd 9 vendredi, 12/22/2023 Weeks

lundi-vendredi, 12/25/2023-Christmas Break

1/8/2024

Engagement Team Février 2024

Janvier 2024

Le mois de l'histoire des noirs--Black History Month

jeudi, 2/1/2024 Valentine's Candy Gram Bags go on sale vendredi, 2/2/2024 Fire Drill

ieudi. 2/8/2024 Family Math Night lundi-mercredi, 2/12-14/2024 Mardi Gras Holiday

mercredi, 2/21/2024 PBIS Store

lundi-vendredi, 2/26-3/1/2024 Multicultural Celebration Week mardi, 2/27/2024 School Improvement Plan Meeting

Mars 2024

Mon histoire personnel--My personal history

mercredi, 3/6/2024 **PBIS Store**

Grandparent's Day Picnic mardi, 3/12/2024 mercredi, 3/13/2024 No School/End of 3rd 9 Weeks

mardi, 3/19/2024 2nd Grade Field Trip jeudi, 3/21/2024 World Social Worker's Day

jeudi, 3/21/2024 Parenting Workshop with Stacey Lopez

vendredi-vendredi, 3/29/24-4/5/2024 Faster Break

Avril 2024

Persévérance

Students return to school

mercredi, 4/10/2024 PBIS Store

jeudi, 4/11/2024 2nd Grade Nursing Home Visit

mardi, 4/16/2024 3rd Grade Field Trip

mercredi, 4/24/2024 PBIS Store

ieudi, 4/25/2024 **Bus Driver Appreciation Day**

vendredi, 4/26/2024 Administrative Professionals Appreciation Day

lundi, 4/29/2024 Lockdown Drill

mardi, 4/30/2024 School Improvement Plan Meeting

Mai 2024

Nous avons réussi!--We did it!

mercredi, 5/1/2024 Principal Appreciation Day lundi-vendredi, 5/6-10/2024 Teacher Appreciation Week

PBIS Store mercredi, 5/8/2024

School Improvement Plan Meeting with Family mardi, 5/14/2024

Engagement Team

Last Day for 1st - 3rd Graders

Kindergarten Graduation/Early Dismissal/End of 4th 9

Weeks/Last Day for Kindergarten Students

Last Day for Teachers

Memorial Day Holiday

UNIFORMS

All students are required to wear a school uniform, as outlined below. **Uniform code will be strictly enforced.**

If you would like to purchase the uniforms online, please visit <u>School Belles</u> and use school code s3074. Spirit wear can only be purchased online through School Belles.

Tops:

- Short- or long-sleeve polo with collar in hunter green only
 - school logo is optional, not required
 - no other logos, stripes, or decorations
- Sweatshirts/hoodies should be solid hunter green or navy blue
 - school logo is optional, not required
 - o no logo, stripes, or decorations
- Students may wear school spirit t-shirts, sweatshirts, or hoodies any day of the week.





Bottoms:

- Traditional uniform jumpers, skirts, skorts, shorts or pants in khaki, navy, or plaid #83
 - No cargo pockets, no cutoffs, no unpatched holes
- Polo dresses in hunter green or navy
- Skirts/skorts/shorts/jumpers must be as long as your fingertips when your arms are extended straight by your side.
- Please wear shorts under jumpers and skirts so underclothes are not exposed during play times.
 - Bike-type shorts are allowed Belts are not required.

Elastic waistbands are encouraged for K.

- Closed-toe, closed-heel, comfortable, non-distracting shoes
 - Light up shoes should be turned off or not worn.
- Socks/tights should be school-appropriate.
 - Boots, crocs, and high heels are not allowed.



SUPPLY LISTS

École Saint-Landry has a \$20 School Fee. These fees are a means to provide additional materials for students to enhance instructional activities, beyond the traditional textbook, such as student IDs, student workbooks, computer ink, class art supplies, and materials for hands-on activities. The school fee can be paid online on our website, or at Portes Ouvertes via check or EXACT cash.

Note that these supply lists include supplies that parents should purchase and bring to our Portes Ouvertes. For those not attending Portes Ouvertes, supplies can be brought in during regular school hours <u>before</u> the first day of school.

To access the school supply list, please click here (and scroll to bottom of page).

You can also order your school supplies online through School Tool Box.

Please don't forget to label your child's school supplies with his or her first name and last initial.

Note: Yes, your child really **will** need that many glue sticks and markers and paper and everything else. Students stay very busy in class!

LION CARE

Morning Lion Care (before school care): 7:00 AM to 8:00 AM

Morning Lion Care includes coloring, reading, and educational videos or family films.

- Based on 5 days a week of student's attendance: \$50/month
- Based on 4 days a week of student's attendance: \$40/month
- Based on 3 days a week of student's attendance: \$30/month
- Based on 2 days a week of student's attendance: \$20/month
- Based on 1 day a week of student's attendance: \$10/month
- Before Care Drop-in rate: \$5/day

Afternoon Lion Care (after school care): 3:45 PM to 5:30 PM.

Each afternoon begins with homework and snack time, then activities. Activities are rotated so no day is the same, and children play outside when the weather is nice.

- Based on 5 days a week of student's attendance: \$120/month
- Based on 4 days a week of student's attendance: \$96/month
- Based on 3 days a week of student's attendance: \$72/month
- Based on 2 days a week of student's attendance: \$48/month
- Based on 1 day a week of student's attendance: \$24/month
- After School Care Drop-in rate: \$10/day

Fees are set and will not vary from month to month. Roll over is not an option. Example: if you sign up for 3 days/week and only attend 2 days during a specific week, you cannot roll over that day and attend 4 days the following one. Only in case of school closure would we apply the roll over rule.

Multiple Students

Sliding tuition scale is reduced by \$10.00 for each additional child up to the 3rd child in the family. For example: for a family of three children, the monthly tuition payment for both AM & PM services would be \$480 (\$170 + \$160 + \$150); for PM services only, monthly tuition for this example would be \$330 (\$120 + \$110 + \$100).

SCHOOL PAYMENT POLICY

Please note our new payment policy, effective August 2023: In an effort to ensure your money stays safe and traceable, École Saint-Landry will no longer accept payments directly from students in any form. Even when taking all proper precautions, money can get lost or stolen between home and school. Additionally, checks can also be ruined from water bottle leaks in a backpack. All required payments (class fees, field trips, yearbooks, before/after care) will now be available to pay via a debit/credit card on our website.

If you do not have a credit or debit card, or for any other reason need to make a payment in cash or check, you will need to come into the office during school hours, where we will accept your payment and write out a receipt. School employees cannot accept any payments in the drop-off or pick-up lines or during before/after care.

SCHOOL LUNCHES

Students must come to school with a filled water bottle each day. Only clear, unflavored water is allowed in water bottles.

We do not have a cafeteria. Breakfast and lunch are cooked and prepared at a nearby St. Landry Parish school cafeteria and are then delivered to school. For more information about St. Landry Parish school meals, please visit: https://www.slpsb.org/apps/pages/child nutrition home

Due to new clarification from the department of child nutrition, students may continue to bring healthy breakfasts and lunches from home, but they cannot bring food from an outside vendor into the school. This includes donuts from a local bakery, a meal from McDonalds, etc.

BREAKFAST

The school breakfasts are free for all students. They may consist of cereal like Fruit Loops, Cheerios, or Cocoa Puffs, a breakfast cereal bar or Pop-Tart, a breakfast corndog, a waffle, French toast, breakfast burritos, or pancakes. All breakfasts are served with a choice of plain or chocolate milk, orange juice, and fresh fruit (usually oranges, apples, or bananas).

Breakfast is served in the classrooms from 8:00 AM to 8:30 AM. Students arriving after 8:30 AM will not receive a full breakfast, as the food leaves campus at 8:30 AM; however, they will be offered a breakfast bar to ensure they have the necessary energy and blood sugar levels to start their day off right. Tardy students eat breakfast in administrative offices and are admitted to class with a tardy slip once they are finished with their meal.

LUNCH

School lunches are free for all students. Lunches consist of local favorites like meatball stew or chicken and sausage gumbo, or child-friendly standards like chicken nuggets, baked chicken, hamburgers or chicken burgers. All lunches are accompanied by a vegetable or salad. Like breakfasts, all lunches are served with a choice of plain or chocolate milk, as well as a choice of fresh or canned fruit.

SNACKS

We do not have a snack time during the school day. Snacks are served to those who attend After Care.

SCHOOL LUNCHES

Students must come to school with a filled water bottle each day. Only clear, unflavored water is allowed in water bottles.

We do not have a snack time in any grade (though After Care students are given a snack).

Meals from Home

Please follow these guidelines for lunches brought from home.

- All meals from home must incorporate whole grains and other nutrient-dense foods by following the current meal pattern in accordance with the U.S. Department of Agriculture regulations and policies.
 - Meat/meat alternative
 - Grains
 - Fruit
 - Vegetables
 - Milk, water, or 100% juice (not "juice drink")
- To ensure proper holding temperatures, please make sure the food products are kept cold using ice packs until meal service.
- We cannot store student meals brought from home.
- We are unable to reheat/microwave student lunches.

Fast food, candy, regular chips, and soft drinks or sugar-based juice drinks are not allowed at school. If you wish to send a grain with your child to accompany their lunch from home, you can send items like baked chips, pretzels, or goldfish. For a list of healthy school snacks, please refer to this list from the Louisiana Department of Education.

Remember, meals are free, and milk and 100% juice drinks are allowed and are available at school.

<u>Allergies</u>

All St. Landry Parish school campuses are **nut and seafood free**. Any food brought from home may not contain any type of nuts or any kind of seafood. Students with Food Allergies must provide the <u>Diet Prescription for Meals at School Form</u> completed and signed by a physician, and must also meet with the school nurse for special arrangements.

WE ARE A NUT AND SEAFOOD FREE SCHOOL. PLEASE DO NOT SEND YOUR CHILD TO SCHOOL WITH ANY FOODS CONTAINING NUTS OR SEAFOOD.

ATTENDANCE POLICY

Attendance is incredibly important in all schools, but it is even more important at an immersion school because most of our students do not have family members who speak French. Simply put: we cannot teach a student who is absent.

It is the **legal** responsibility of the parent to enforce a child's attendance at school, and civil penalties may occur if the student is determined to be habitually absent, habitually late, or habitually leaving school early. According to La. R.S. 14:92.2 Improper Supervision of a Minor, a parent shall be charged with criminal negligence if a minor is allowed to be habitually absent or tardy from school pursuant to the provisions of R.S. 17-233 without valid excuse.







St. Landry Parish School Board's Attendance Policy states the following:

- Excuses from parent, legal guardian or physician must be submitted within five (5) days after the student returns to school.
- The student shall request makeup work for days missed due to temporarily excused absences or extenuating circumstances.
- Unexcused check-ins and check-outs are counted towards total attendance infractions.
- Pre-K through eighth grade students will not be allowed to exceed ten (10) absences each school year.
- Absences of two or fewer consecutive school days due to personal illness or serious illness in the family may be validated by a parent written excuse note.
- If a student is absent for three (3) or more consecutive days, a student must present a note from a physician, nurse practitioner, or dentist to be excused.
- These new guidelines will not allow students to be excused for vacations or other family trips.

After 5 combined unexcused absences and tardies, the St. Landry Parish School Board automatically reports the family to the St. Landry Parish Parish Municipal Court as a family non-compliant with state policy and school interventions.







Acquiring 11 or more unexcused absences, tardies, early check-outs, or a combination of all three may result in your child being held back a grade, being reviewed by the Department of Child and Family Services, and/or being recommended to <u>Families in Need of Services</u>.

GRADES & REPORT CARDS

École Saint-Landry gives grades four times per year (each nine weeks). We refer to each nine-weeks as Quarter 1, 2, 3, or 4.

For grades K and 1, we grade with Standards-Based Grading (SBG) for English Language Arts, French Language Arts, Math, and Social Science for grades K and 1. All other courses will be given a grade of Outstanding (O), Satisfactory (S), Good (G), Needs Improvement (N), and Unsatisfactory (U). (See scale above.)

What is standards-based grading?

To better understand, you first need to know that there is a list of standards (or skills) that all students are supposed to master by the end of the school year. You'll see these skills listed on their report cards. This means the goal is that by the end of the year, we hope that students have a P (proficient) listed in each category. Please click here for more detailed information.

In 2nd grade and up, letter grades (A, B, C, D, F) will be earned in each nine weeks period in English Language Arts, French Language Arts, Math, Science, and Social Studies. All other courses will be given a grade of Outstanding (O), Satisfactory (S), Good (G), Needs Improvement (N), and Unsatisfactory (U).

Both of these scales are based on a 7 point scale:

100-93: A / 0 92-85: B / S 84-75: C / G 74-67: D / N 66-0: F / U

The Parent Portal: Checking Grades Online

At the start of the new school year, we'll send you information on how to create an account or sign in to the <u>St. Landry Parish Parent Portal here</u>. Parents are should check their student's grades regularly and are encouraged to contact the school to schedule a conference if concerns arise.

YOUR COMMITMENT

A child's first teachers are his or her parents. École Saint-Landry parents realize the importance of working cooperatively with the school in order for their children to be successful.

You didn't choose your nearest zoned public school. You chose École Saint-Landry because you want and expect your child to have the best education possible. Therefore, you join with the school in providing an appropriate learning environment in your home. Your commitment to taking school hours, school work, and school rules seriously will teach your child to do the same.

By enrolling your child at École Saint-Landry, you agree to:

- Get your child to school every day on time and avoid early check outs.
- Make a point of checking your child's bag every afternoon for homework, papers to sign, behavioral reports, school communication, etc. Check it again in the morning to remove any toys or distractions.
- Provide adequate, well-lit space and quiet time for your child to do homework. Check their homework to see how they're doing, make sure they finish it.
- Talk to your child about what they are currently learning in school. Really listen. How are they adapting socially? Are they making friends? What do they do during recess? Do they feel smart in class? Do they raise their hand and answer questions correctly?
- Encourage your child to show respect for themself and others.
- Encourage your child to follow school and classroom rules.
- Ask questions. If something concerns you about your child's learning or behavior, ask the
 teacher or principal about it and seek their advice. What specific problem is my child having
 with reading? What can I do to help my child with this problem? How can I stop that bully from
 picking on my child? How can I get my child to do homework?
- Ask the teacher how well your child is doing in class compared to other students. If your child
 is not keeping up, especially when it comes to reading, ask what you or the school can do to
 help. It's important to act early before your child gets too far behind.
- · Attend school functions and conferences and volunteer when possible.

YOUR COMMITMENT

Establish and maintain a healthy style of living adapted to your child's age.

Make sure your child eats enough fruits and vegetables at home. Try setting a weekly or even monthly goal to find a new recipe with your child and prepare it together.

Check out these books:

Good Enough to Eat: A Kids' Guide to Food and Nutrition by Lizzy Rockwell

<u>Get Your Dragon To Eat Healthy Food: A Story About Nutrition and Healthy Food Choices by Steve Herman</u>

The Pirate Cookbook by Mary Ling

For fun, free recipes, activity sheets, games, apps, and other ideas, check out:

Kids in the Kitchen on the U.S. Department of Agriculture website

My Plate for Kids



Put your child to bed early enough that he or she won't be tired in school the next day. In elementary school, **students should have a bed time no later than 8:00 PM**. Do not wait for your child to fall asleep. They need a regular bedtime to succeed in school. Try to establish a routine, no matter how short, to get your child to settle. Reading a short book is a great way to spend calm time with your child, set their clock on a countdown to a good night, and help to support their education all at the same time. Even five minutes is enough.



Limit your child's screen time. Screen time includes watching TV, watching movies, playing video games, playing on smartphones and tablets, and working on the computer. Screens should be put down at least two hours before bedtime. As a rule of thumb, no screens during or after dinner, and no more than 2 hours total per day.



Encourage outside play. Physical activity is not only vital to healthy bodies, appetites, and sleep habits, but also to more creative imaginations and critical thinking. Play time, whether inside or outside, actually matters in how well a child does in school!

COMMUNICATION

Le Journal des Lions

As a means of informing parents about school life, the electronic newsletter, <u>Le Journal des Lions</u>, is sent out at the end of each month and posted on the École Saint-Landry website.

School Facebook/Instagram Page

Parents may also "like" École Saint-Landry on Facebook/Instagram to receive updates on their newsfeeds. Find us @EcoleStLandry.

Parent/Teacher Communication

Parents are asked to keep an active email address and sign up for the school's communication app. Check it regularly for communications from teachers and other school personnel. Please notify the school immediately if phone numbers or email addresses change.

Parents are asked to set up a conference time with teachers to discuss any area of concern. Teachers may not conference with parents at any time while they are supervising students or providing instruction.

Klassly

At the beginning of the year, you will receive a code to join the Klassly app for your child's grade. Please download the app to ensure that you always know what is happening at school and in your child's class. Teachers post homework, study help, photos, and administration posts about events and provides a lot of other information through this platform.

PTO & VOLUNTEERING

The École Saint-Landry Parent Teacher Organization organizes several fun events throughout the year, such as our Community Open House, a special visit for the kids at Christmas from you-know-who, a gumbo social for the parents at Mardi Gras, etc. The PTO is fundamental to keeping parents involved and school fun! They have regular monthly meetings and provide opportunities to help with fundraising for school events.

For more information, or to sign up to join, please contact ecolestlandrypto@gmail.com



Throughout the year, we post sign-ups for volunteers on our parent communication platform. You can volunteer to help with Positive Behavior Implementation System (PBIS) prize stores, chaperone field trips, organize games at school events, and more.

We are very open to parents participating in their children's education, and we are open to suggestions for special events, meals, projects, games, and so on. Please don't hesitate to propose your ideas to us so we can keep things moving and interesting for our students.

LEADING UP TO THE FIRST DAY

The first day of school is intimidating for both children and parents, especially if this is your first time sending a child to school. Here are some tips to ensure everything goes as smoothly as possible.



Lunch

Have your child practice eating their school lunch. Actually pack them a lunch, set a timer for 20 minutes, and have them practice eating and opening their things independently. If you want to send a water bottle to school, please try to get one with a flip top. Make sure to label it with your child's name and please don't send in screw top bottles. They will definitely spill them.



Bathroom

PLEASE have your child practice wiping his/her own bottom. Many teachers have had kiddos yelling from the bathroom "Can you wipe me?!" Nope, they can't! They really, legally can't.

If your child cannot independently button his/her pants, **use stretchy pants**! For one, they are more comfortable, and two, they help avoid accidents in the potty!

Your child should not wear a belt to school until they can buckle/unbuckle it on their own.

Teach your child to close the door because modesty is important in a public place like school. They also should learn to knock before they enter the bathroom. And please, **please** teach them how to wash their hands!



Shoes

PLEASE, pretty, pretty please don't have your child wear shoes with laces unless they can tie them. Velcro tabs and slip-ons are easy!

USEFUL FRENCH PHRASES

You and your child can start learning some useful French phrases now to help their first days at school go as smoothly as possible. They'll enjoy showing off their knowledge to their teachers and classmates, and knowing how and when to use these phrases will help them learn everything else to come even faster! Click the links below to hear the phrases.

Bonjour! Hello!

Je m'appelle... My name is...

S'il vous plaît. Please.

Merci. Thank you.

<u>J'ai besoin d'aller aux toilettes.</u> I need to go to the bathroom.

Au revoir! Goodbye!

Je ne me sens pas bien. I don't feel well.

Je ne comprends pas. I don't understand.

<u>Aide-moi.</u> Help me.

J'ai faim. I'm hungry.

J'ai soif. I'm thirsty.

Je suis fatigué. I'm tired.

Tu peux repeter, s'il te plaît? Can you repeat, please?

In the first weeks of school, you will get a printed copy of this page and
the compact on the following page. You will sign both pages and return
them to school, where they will be filed in your child's permanent folder.

I have read and understood the Parent Packet for the 2023-2024 academic year at École Saint-Landry. I have discussed it with my family and my child(ren) and we agree to uphold our responsibilities as members of the École Saint-Landry community.

Parent signature:		
Student signature:		
_		
•		
Date:		



COMMITMENT COMPACT 2023-2024

It is the responsibility of the whole École Saint Landry community to provide a safe, respectful, nurturing, and supportive environment where all children can obtain a high-quality education.

Student	Parent(s)/Guardian(s)	Teacher	Directrice de l'école / Principal
I pledge to fulfill my responsibilities:	I have read the Handbook and I pledge to fulfill my responsibilities:	I pledge to fulfill my responsibilities:	I pledge to fulfill my responsibilities:
comply with school policies.		effective and rigorous instruction.	 access to mid-term progress report to communicate student ongoing progress.
Student Handbook and	comply with school policies.	professional practice and	throughout the year.
 read and/or discuss with parents/guardians the 	written). • read the Parent & Student Handbook and	compassion are valued.high standards of	environment. • report card conferences
of others.	all forms of communication (face to face,	where respect and	engaging learning
the feelings and perspectives	 treat staff with compassion and respect in 	 a classroom environment 	 provide a productive and
 be inclusive and sensitive to 	volunteering as requested or needed, etc.)	their child's class.	faculty and staff.
support when needed.	food donations, class projects,	volunteer and participate in	 reasonable access to
academically and ask for	chaperoning trips, gardening, healthy	 opportunities for parents to 	teachers as needed.
 challenge themselves 	include, but are not limited to:	progress reports.	requested by parents or
rules and procedures.	interests, and school needs. (Examples	 meaningful academic 	 access to conferences
 follow school and classroom 	 offer resources according to skills, 	parents.	communication.
 complete all school work. 	communications, use of electronic media.	administration, teachers, or	 updated and ongoing
learn every day.	completion, school/home	requested by the	sessions and celebrations.
 come to school ready to 	 monitor attendance, homework 	 conferences scheduled as 	 schoolwide information
It is the responsibility of École Saint-Landry students to:	It is the responsibility of École Saint-Landry parents/guardians to:	It is the responsibility of the teacher to provide:	It is the responsibility of the school to provide:
Student Responsibilities	Parent/Guardian Responsibilities	Teacher Responsibilities	School Responsibilities