

École Saint-Landry

Le journal des lions

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Pâques and a Fun Tradition

Egg pocking is a popular Easter tradition in many homes in Louisiana in which two people compete to determine who has the strongest Easter egg.

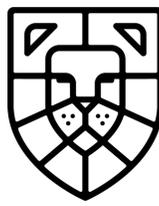
While pranks such as using duck or guinea eggs, fake eggs, and raw eggs are often played on unsuspecting family members, the game is usually played by each player taking a hardboiled egg and using it to lightly tap the opponent's egg without cracking his or her own. The person whose egg cracks loses the round, and the winner moves on to "pâque" the next participant's egg. The game continues until there is only one person whose eggs remains uncracked, and that player is said to have good luck in the coming year.

The term "pock" is a simplified spelling of the French word for Easter, "Pâques." Cajuns originally would have said that they "pâqued eggs," but since our native Louisiana French is not a written language, the spelling was anglicized.

Though egg-pocking is mostly associated with Louisiana and specifically Cajun families, it's actually a tradition that was once known all around the world. While in Louisiana we believe it came from France, as we believe of most of our customs and cultural traditions, people back in Ancient Greece used to enjoy pocking eggs too!

In Greece, the eggs used for this religiously-symbolic game were dyed red to represent the blood of Christ, and the cracking of the egg signified Jesus' resurrection. Ancient Greeks called the game "tsougrisma," which means "clinking together" or "clashing."

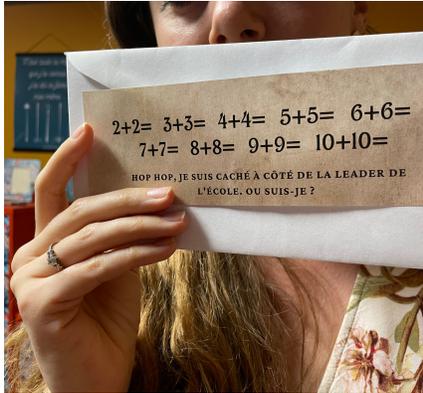




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Pâques (continued)



Madame Florine organized a special treasure hunt for her 1st grade class. The students had to solve clues left by the Easter Bunny to find the big prize, a coloring book and very special chocolates all the way from Belgium! The clues were hidden all over the school, including in the offices of Madame Lindsay and Madame Sarah.



Madame Lindsay boiled 60 eggs and organized the classes by grade to face off in the parking lot for an intense game of egg-pâqueing. The Kindergarten winner, Bryce, and the first grade winner, Samuel, received certificates for having the toughest egg!

Our sweet lunch ladies, Mrs. Keisha and Mrs. Pauline, deliver our breakfast and lunch every day from Sunset Middle School. For Easter, they used their own money to hide an egg filled with candy and cash in 8 special lunches, then passed the lunches out at random to see who would find a surprise in his or her lunch! The lucky winners were Valentina, Karly, Willa, Karson, Dai'shon, Angeleah, Camille, and Amelia H.





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Les lions de la semaine

The Lion of the Week is chosen once a week from each grade. This is the student who is exceptionally well-behaved in class, is making surprising progress, is helpful to his or her classmates and teacher, and otherwise sets an example for all other students.



Name:
Malaika M.

Grade:
Kindergarten

Class:
Mme. Sandrine

Malaika is going to be a police officer one day, and she's already practicing by dressing up like one when she plays at home with her little sister. Malaika REALLY likes playing dress-up. Her favorite subject is Math. She loves spaghetti more than any other food.

Malaika doesn't talk much, but no worries, because the one thing she wants everyone to know about her is "That I'm happy."



Name:
Samuel S.

Grade:
1st Grade

Class:
Mme. Sylvie

Samuel is going to be a fire fighter some day, but for now he's happy playing Call of Duty at home and eating pizza bites (as long as they don't have pepperoni in them). He loves learning French, and is sad his older brother can't come to school here, but he downloaded an app and they practice together.



Name:
Emilie R.

Grade:
Kindergarten

Class:
M. Anthony

Emilie is really good at letting people know about fires and fire alarms, so it's no wonder she's planning on being a fire fighter. She's also really good at catching a ball. When she's at home she likes to play with her brother in her room, which is pink with one bed, and her toys are right by the dresser. Speaking of toys, her favorite is a little bear named Princess. Emilie's favorite food is gumbo and she loves to wear her unicorn outfit.

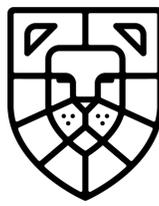


Name:
Karly C.

Grade:
1st Grade

Class:
Mme. Florine

Karly wants to be a teacher and her favorite thing about school is just having people to teach her. She wants everyone to know that she's very kind and sweet, and also really good at tumbling, especially splits. She loves cheese pasta and playing tag with her sister and little brother. Her favorite outfit is her cow pants with a black shirt, jean jacket, black shoes, and a purse.



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Les lions de la semaine



Name:

Ray'lee E.

Grade:

Kindergarten

Class:

Mme. Sandrine

A future doctor, Ray'lee is already good at fixing things. She also gives the best hugs. She likes plain white rice, drinking juice, and playing with her toys. Her favorite toy is her monkey. When asked what she loves the most about school, Ray'lee said, "Madame Lindsay" and we couldn't agree more. Her favorite outfit is her pink sparkle dress and she loves hip shoes. She sure wears a lot of hip shoes!



Name:

Willa R..

Grade:

1st Grade

Class:

Mme. Sylvie

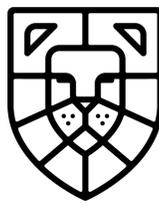
Willa is going to be a fashion designer when she grows up. She's already remarkably good at drawing! At home she likes to watch Harry Potter on TV and enjoy chocolate ice cream. Willa's favorite thing about school is actually after school care, when she gets to hang out with her friends. Her favorite outfit is her shiny skirt with her Harry Potter shirt.

Ice Cream Party!

To change things up from the PBIS store, like last month when we had a dance party, students with two weeks of solid good behavior got to enjoy an ice cream party with their teachers in the sun this month!



Did you know that Monday, May 2nd, is **International Harry Potter Day**? We're pretty excited about that!



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Go Foods and Woah Foods

Kids on the Geaux, hosted by The Woman's Foundation, provided free PE classes to École Saint-Landry for 12 weeks. The classes were focused on healthy eating and healthy habits. A major focus was "Go Foods" and "Woah Foods." Students learned about making healthy choices in their meals, like eating more fresh fruits and vegetables, choosing plain milk over chocolate milk, choosing juice over sugary drinks, and avoiding eating too many sweets.

For more information, or to keep up with this line of education at home, please visit the following websites, where you can find fun, free recipes, activity sheets, games, apps, and other ideas.

[Kids in the Kitchen on the U.S. Department of Agriculture website](#)

[My Plate for Kids](#)

Students were treated to a special party on the last day of the classes, in which they were given a healthy snack consisting of raw veggies and fruit, then they got to go outside to play on a fun jump! Before returning to class they were awarded certificates of completion.





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Make the Best Choices for Your Child at Home

We know you all want your children to have the best chances for success (and so do we!). Research shows that there are a few things you can do with your child each day that will make them the best student they can be. First, elementary school students should be in bed no later than 8:00pm. Simply waiting for them to get tired is a fast way for them to be tired at school. Try to establish a routine, no matter how short, to get your child to settle. Reading a short book is a great way to spend calm time with your child, set their clock on a countdown to a good night, and help to support their education all at the same time. Even five minutes is enough.

Secondly, limit your child's screen time to two hours or less. Screen time includes watching TV, watching movies, playing video games, playing on smartphones and tablets, and working on the computer. As a rule of thumb, no screens during or after dinner, none two hours before bed time, and no more than 2 hours total per day.

Finally, encourage outside play. Physical activity is not only vital to healthy bodies, appetites, and sleep habits, but also to more creative imaginations and critical thinking. Play time, whether inside or outside, actually matters in how well a child does in school!

Les mots doux de la semaine

"When I ask her if she likes French immersion school, she says 'dix oui!' That's her version of '10 x yes!'"

--Heather T.

Share your child's feedback by sending an email to us at info@ecolestlandry.org.



Les événements du mois de mai

1st Grade Graduation

May 25th

Kindergarten Graduation

May 26th

Last Day of School

May 26th



Les anniversaires du mois de mai

Paul Kost mardi le 24 mai

Camille Richard lundi le 30 mai

Ophelia Gonzales mardi le 31 mai